

FOR IMMEDIATE RELEASE  
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## **ACCUSPLIT TEAMS UP WITH PTA AND PLEASANTON SCHOOLS FOR WELLNESS**

Pleasanton, CA: The Pleasanton PTA Council today reported that Pleasanton based company Accusplit has agreed to provide pedometers to all Pleasanton Unified School District elementary schools for use with physical education students in grades 3-5.

Jamie Hintzke, Pleasanton PTA Council President and co-chair of the PTA's Wellness Committee, is pleased to be able to offer this opportunity to the schools. "It is a goal of the Wellness Committee to give our students the skills for lifelong healthy living."

Local Physical Education teachers are thrilled to be getting class sets of pedometers for students, citing many health related activities and lessons that can be incorporated into the curriculum. "I am excited to get class sets of pedometers to be able to expand my curriculum and activities," said Terri Drain, 2007 California Elementary Physical Education Teacher of the Year and Vintage Hills Physical Education Teacher. "The pedometers will also provide our classroom teachers with a great opportunity to integrate physical activity with other content areas such as math and social studies."

Accusplit's President, W. Ron Sutton, is one of America's most knowledgeable people on pedometers. He is also a founding member of the PTA's Wellness Committee. Accusplit has stated their commitment to increase wellness and quality of life for all Americans. "With continuous use of a pedometer, young students can learn about proper activity levels," said W. Ron Sutton. "This has the greatest impact on life-long wellness."

The pedometers should be delivered to the schools next week.

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